



**Celebrate Kids, Inc. Presents:**  
**Dr. Kathy Koch's *How Am I Smart?* Seminar**

Has a student (or child) come to you asking, "**Am** I smart?" Or has a teen you influence ever wanted to know, "How smart am I?" Dr. Kathy Koch wants children to ask an even more important question, "**How** am I smart?" When parents and teachers understand ways children can be smart, they will better meet children's educational needs.

"At the beginning of school assemblies, some kids have a hard time believing me. They truly doubt they are intelligent. As they hear the intelligences described, they begin to believe the evidence I give. An hour later, when asked to name their top four "smarts" they find it hard to narrow the list to only four! That's life changing." ~ Dr. Kathy Koch

When audiences learn about the eight intelligences, you can see the light go on as kids, parents, and teachers recognize themselves as being smart in ways they did not even know existed. Dr. Kathy stresses how people can use their "smarts" for their own benefit while learning and studying. She discusses how paralysis of intelligences occurs and what to do about it. Her engaging presentation is easy to listen to and learn from.

Dr. Kathy's practical and solution-focused instruction also reveals roots of behavior struggles and relationship conflicts, and their possible solutions. Her unique and insightful approach to these important topics will refresh you.

Knowing which smarts are our strengths helps us make informed decisions about how to be more successful in all of life and at school. We'll have new ways of listening, studying, and memorizing. We'll also learn how to enhance relationships, our career, what to do in our spare time, and how to lift depression. We also can choose to strengthen our weakest intelligences, which will improve our lives.

Dr. Koch describes these eight intelligences:

- Word Smart** - thinking with words
- Logic Smart** - thinking with questions
- Picture Smart** - thinking with pictures
- Music Smart** - thinking with rhythms and melodies
- Body Smart** - thinking with movement and touch
- Nature Smart** - thinking with patterns
- People Smart** - thinking with people
- Self Smart** - thinking by reflecting

Dr. Kathy can adapt her presentation to be appropriate for public, private, or home school groups. She is also able to structure her message to be clear and relevant to a single audience of teens, children, parents, teachers, or all in one. Employers and employees will also benefit because of workplace applications. The length of the presentation depends on your need and time available.

To learn more about booking Dr. Kathy for your next staff development, parent workshop, student assembly, convention, or other event, contact Denice Crawford, Scheduling Director, at:

**Scheduling@CelebrateKids.com or 817-238-2020.**